

4.3 Breathtaking Feat



Introduction

Sheetal Mahajan has made a record by becoming the first woman in the world by a free fall para jump over the North Pole on April 18, 2004 from 2400 feet. She was awarded the Shivchhatrapati State Sports Award in 2004-05 by Government of Maharashtra. She was also awarded Tenzing Norgay National Adventure award by the then president A.P.J. Abdul Kalam. Sheetal became the first amateur woman in the world to jump over both poles without trials.

Concept Web



Jumped from:

- 2400 feet in minus 37 degree Celsius temperature over the North Pole (18/04/2004).
- 15,000 feet in minus 38 degree Celsius over the South Pole (15/12/2007).



Achievements:

- Shivchhatrapati State Sports Award in 2004-05 by Government of Maharashtra.
- Tenzing Norgay National Adventure Award by A.P.J. Abdul Kalam.



Important Points:

- Sheetal Mahajan's friend's brother excited and inspired her about parachute jumping.
- Her first target was to jump over the North Pole.
- Tata Motors sponsored her.
- She wears silicon thermal wear.
- Sheetal Mahajan is the first amateur woman in the world to jump over the both poles without any practice.

Breathtaking Feat!

Text

Let's Practice

Active – Passive Voice

Doer (Subject / कर्ता) **of Action** (Verb)

Look at the following sentence and the underlined part.

a) Sheetal was awarded the Shivchhatraoati State Sports Award.

Who was awarded \longrightarrow Ans. – Sheetal

Who awarded \longrightarrow No answer

b) The Chief Minister awarded Sheetal Shivchhatrapati State Sports Award.

Who awarded ? \longrightarrow Ans. – The Chief Minister

Who was awarded \longrightarrow Ans. – Sheetal

Since the doer of the action in sentence 'a' is not given or is unknown therefore the verb used is in 'Passive Voice' (कर्मणि प्रयोग).

In sentence 'b' the doer of the action is given in the beginning therefore it is in 'Active Voice' (कर्त्तरि प्रयोग).

Read the following sentences and underline the verbs then decide whether they are in Active Voice or Passive Voice.

1. Sheetal Mahajan has made a record.

2. She was awarded the prestigious Tenzing Norgay National Adventure Award.

Read the following sentences, Compare them.

1) Ramesh reads a book.

2) A book is read by Ramesh.

It will be seen that both the sentences have the same meaning.

But in sentence 1 the form of the verb shows that Ramesh (subject) does (reads) something.

Ramesh (the person denoted by Subject) does something.
The verb 'reads' is said to be in the Active voice .(कर्तरि प्रयोग)

In sentence 2 the form of the verb shows that something is done to the thing denoted by the subject.

Something is done to the thing 'book' by the subject Ramesh

The verb 'read' is said to be in Passive Voice.

Active Voice

1. Sita loves Savitri.

subject (कर्ता) + verb + object (कर्म)

2. The mason is building the wall.

s + v + o

Passive Voice

Savitri is loved by Sita.

object + verb + by + subject

A wall is being built by the monsoon.

o + v + by + s

The structure of the sentence in

1) Active voice \longrightarrow s + v + o

2) Passive voice \longrightarrow o + v + s

1) Sheetal Mahajan has made a record.

2) She was awarded the prestigious Tenzing Norgay National Adventure Award.

3) She has broken many records

4) She was allowed to have a parachute that opens automatically.

5) The friend told me about parachute jumping.

6) The concept excited me.

7) The moments would be captured by the free fall cameraman Mustafa Karmipurwala.

(Instruction :- Provide drag and drop the following.)

Active voice

Passive voice

Answer Key

1) Active voice

2) Passive voice

3) Active voice

4) Passive voice

5) Active voice

6) Active voice

7) Passive voice

Make sentences of your own

Make sentences of your own :

Complete the following sentences.

Eg. was given

Sheetal was given a sweater

1) discovered

2) was making

3) is interviewed

4) has been covered

5) are taught

Exercise

Personal Response Questions

Read the lesson 'Breath taking feat' carefully from your textbook, Answer the following questions.

Q.1) What are the challenges involved in adventure sports?

Q.2) Why do you think adventure sports is different than other sports?

Answer Key

Ans. 1 Key points

- Risk factors, unfriendly weather conditions, courage, strong will power, ready to face and overcome difficulties, optimistic

Ans 2. Key points

- Choice to totally different, very few persons are ready to accept challenges, being fearless is one necessary quality, ready to face hazards and other difficulties rigorous training and preparation required.

Speaking to Virbhaval Khade

Speaking to Virdhaval Khade

Virdhaval Khade holds the distinction of being among the fastest swimmers in the world in his age group. He made India proud by winning the first swimming medal at the Asian Games in Guangzhou.

Virdhaval made history at the Asian Games by winning a Bronze Medal in the Men's 50m butterfly event.

He holds several records in the 50m, 100m, 200m and 400m freestyle events and in the 50 m butterfly event.



Khade who hails from Kolhapur started swimming at the age of ten and has come a long way since.

This strapping 6 feet tall lad is coached by Nihar Ameen and currently trains at Bangalore. In his interview he talks about winning the medal and his future goals and plans.



Interview of Virdhaval Khade

— by Lavanya Srinivasan

- **You have been very successful in 50m butterfly, what's your personal favourite?**

Ironically my favorite category keeps changing every year. This year it was the 50m freestyle and butterfly events. For 2011, I will be concentrating a lot more on the 200m and 400m freestyle events.

- **What is success to you? What factors have contributed for the same?**

I believe success is due to hard work and perseverance. You have to give it your 100% day in and day out. There is no room for complacency. If you want to set the best times and grab the medals, then you have to put in the extra efforts.

- **How is it to train under coach Nihar Ameen?**

It is great fun to train under Nihar sir. He always makes sure we enjoy our training sessions and makes us continuously challenge ourselves.

- **Do you follow any special diet?**

There are no specific restrictions as such. I just like to eat healthy and include a lot of carbohydrates in my diet.

- **How do you stay motivated?**

I am very hungry for success. Winning an Olympic medal for India is what I dream of and it motivates me every day.

- **How do you stay calm and focused during pressure?**

As a professional athlete, you learn to cope with the pressure. You learn to use it to your advantage. Personally, I have come to love the pressure and I perform much better when there is a lot at stake

- **What sets you apart from the other swimmers?**

Every swimmer has a unique style and technique. I think I have the ability to use pressure to help me swim faster and also to bounce back from average performances.

- **What do you do in your free time?**

I love watching movies and sitcoms like ‘Two and a Half Men’ and ‘The Big Bang Theory’. I also play a lot of games on my computer.

- **In future do you plan to train abroad?**

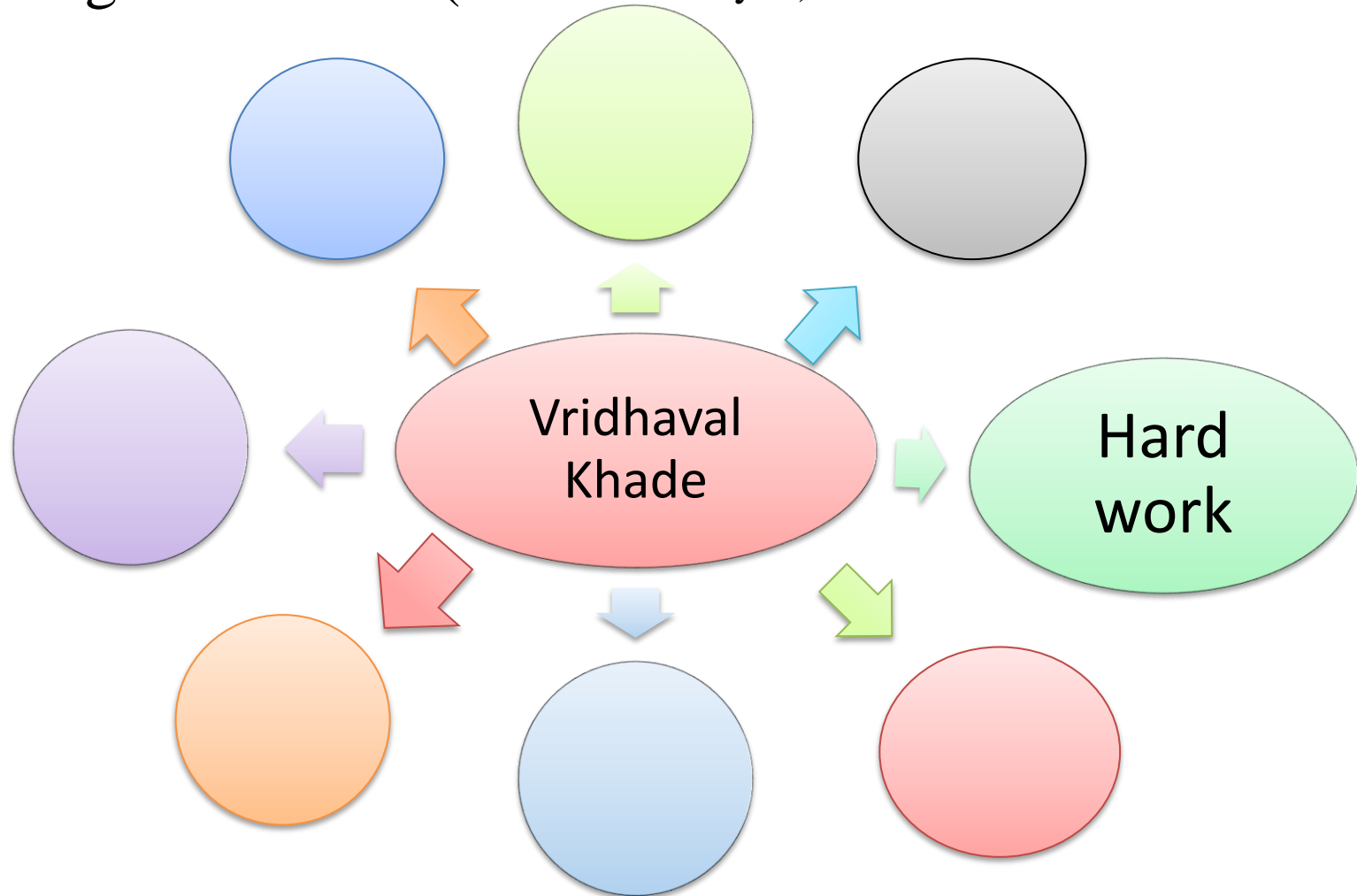
I don't really want to train abroad. Nihar sir is world class coach and there are a lot of facilities in India itself.

- **Thank you so much!**



Virdhaval Khade

Read the text and interview again and find out words, phrases and sentences that show Virdhaval's various qualities. Fill in the web given below. (One is done for you)



Answer Key



- 1) Hard work
- 2) Perseverance
- 3) Complacency
- 4) Ability to take pressure
- 5) Optimism
- 6) Ready to improve his performance
- 7) Never to be afraid of failure
- 8) Honesty

More Information

-Sports Day –

Your school has recently organized Annual school Sports Day. the children in your school have enjoyed it. Prepare a report for school magazine.

How to go about it?

I) Gather Information

- 1) Purpose to hold sports Day
- 2) Place where it was held
- 3) Kinds of sports meet arranged
- 4) Chief guest, honorable guests, visitors, parents and students
- 5) Remarkable moments
- 6) Prize distribution
- 7) Remarks by chief guest
- 8) What was the general opinion about the programme.

II) Presentation of the report

1) Title

2) Introduction

3) Main body –

Write about the points from 1 to 7 given in the previous slide

4) Write conclusion summing up all the points

III) Things to remember while writing a report

- 1) Write title, place, date and byline (who wrote and name of the writer. It could be you)
- 2) Write the report in past tense.
- 3) Use variety of sentences.
- 4) Make different paragraphs.
- 5) Use proper linking words.
- 6) State important facts.
- 7) Write maximum details.
- 8) Quote comments.
- 9) Write in an impersonal style.